



# General Information

## Basic Mountain Training Winter Course (BMTWC)



Hosted by

**Colonel Besik Kutateladze**  
**Sachkhere Mountain Training School**  
**Partnership Training and Education Centre, Georgia**

**February 25 - March 17, 2023**

### 1. General Information

Within the Partnership programme Sachkhere Mountain Training School offers Basic Mountain Training Winter Course in Georgian mountains. The Course provides basic movement and survival techniques and the knowledge in organized search and rescue operations (including mountain skiing and techniques, use of mountain equipment, overcoming of planned route, finding of pre-identified locations, evacuation of an injured, building a shelter, overnight stay in mountains and movement up to 2400 m). The Course is open to NATO, PfP, MD, ICI and PatG countries.

### 2. Location

Training will be conducted in Bakuriani, Georgia

### 3. Course Duration

Three weeks

### 4. Number of Participants

Minimum - 8 military personnel;

Maximum - 30 military personnel;

Quota per nation: 5 slots per nation;

Places will be allocated in the order of the applications received.

### 5. Schedule

The course will start at 9:00 and finish at 18:30 Training will be conducted from Monday to Friday.

*Note: The cultural event is planned during the course*

### 6. Course Requirements

#### **Physical Requirement**

Good physical shape:

- Capable of performing outdoor activities at high altitudes;
- Participant should be able to move with 10 kg load during 3 hours on mountainous terrain;
- Students who have already completed basic or higher level Mountain training courses are not allowed to participate in the course. Students are requested to provide (via e-mail or fax) **health certificate** (English version).

### **Language Requirement**

English language is essential, required proficiency in English is 2/2/1/1 (according to STANAG 6001). **English language certificate** should be provided (via e-mail or fax) with the application form.

### **Rank Requirement**

Participants must be active duty junior officer (OF1 - OF4) or NCO (OR1- OR9).

#### **7. Costs, Accommodation and Meals**

Accommodation, meals, course fee and local transportation including from/to Tbilisi International Airport is fully covered by the MOD of Georgia. Travel costs to and from Georgia are to be covered by the sending nation. During the course participants are lodged at the hotel facility. The hotel offers rooms designed for up to 4 participants.

#### **8. Visa**

Visa is sending nation's responsibility.

Visa is not required for citizens of the EU, NATO and the majority of Partnership countries.

#### **9. Medical Service**

Initial level of medical support will be provided by the locally assigned doctor. Dental care and medical treatment exceeding first aid is to be paid for. It is strongly advised to have an international medical insurance valid for the entire stay in Georgia.

#### **10. Dress Code**

Participants should bring 2 pairs of field uniform (winter), boots, training suit and civilian clothes (Formal attire is not required).

#### **11. Equipment**

During the course participants will be provided with necessary mountain equipment.

#### **12. Evaluation System**

Participants will be evaluated according to the Centre's evaluation system based on the final test. Successful participants will receive course completion certificates.

#### **13. Communication**

Participants will have access to the Internet at the hotel.

#### **14. Social Programme**

Participants will be offered to participate in the cultural event hosted by the Georgian MoD.

#### **15. Basic Mountain Training Winter Course includes 120 hours + 8 hours for administrative procedures (Total 128) hours.**

Training Week 1

Day 1, Saturday
Arrival at Sachkhere Mountain Training School
Day 2, Sunday
Providing equipment, departure to Bakuriani, accommodation and preparation for the course

## Day 3, Monday

09:00 – 10:00	Familiarization and fitting/adjustment of mountain equipment	Practical
10:00 –14:00	Basic rules of skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 16:00	Mountain pathologies	Theoretical
16:00 – 17:30	Snow and avalanche types / rules for operating on a ski track	Theoretical
17:30 – 18:00	Preparation for the following day	

## Day 4, Tuesday

09:00 – 14:00	Basic rules of skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Using ARVA- a transceiver for searching a person trapped under the avalanche	Practical
17:00 – 17:30	Rules for backpack kit preparation	Theoretical
17:30 – 18:00	Preparation for the following day	

## Day 5, Wednesday

09:00 – 14:00	Basic Rules of skiing	Practical
14:00 –15:00	Lunch	
15:00 – 17:00	Making turns on uneven terrain	Practical
17:00 – 17:30	Ski maintenance	Practical
17:30 – 18:00	Preparation for the following day	

## Day 6, Thursday

09:00 – 11:00	March: +400m. ascent	Practical
11:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Evacuation techniques with UT-2000 stretcher	Practical
17:00 – 17:30	Moving and operating in the mountain	Theoretical
17:30 – 18:00	Preparation for the following day	

## Day 7, Friday

09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:30	Building anchor points in snow	Practical
17:30 – 18:00	Preparation for the following day	
Day 8, Saturday		
Day off		
Day 9, Sunday		
Day off		

## Training Week 2

Day 10, Monday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 16:00	Making turns on uneven terrain	Practical
16:00 – 17:30	Rules of using searching stick (Probe)	Practical
17:30 – 18:00	Preparation for the following day	
Day 11, Tuesday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Crossing an obstacle path	Practical
17:00 – 17:30	Building a shelter in snow	Practical
17:30 – 18:00	Preparation for the following day	
Day 12, Wednesday		

09:00 – 14:00	March +1200 m. ascent with 10 kg. load +2 L. of water. Introductory march	Practical
14:00 – 15:00	Lunch	
15:00 – 17:30	ARVA- a transceiver for searching a person trapped under the avalanche	Practical
17:30 – 18:00	Preparation for the following day	
Day 13, Thursday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:30	<b>I Current assessment:</b> Building anchor points in snow	Assessment
17:30 – 18:00	Preparation for the following day	
Day 14, Friday		
09:00 – 14:00	March: +600 m ascent for overnight stay	Practical
14:00 – 15:00	Lunch	
15:00 – 18:00	Building shelters in the snow	Practical
18:00 – 19:00	Dinner	
19:00 – 21:00	Preparation for staying up the night	Practical
21:00 – 07:00	Overnight stay (in igloo/ shelter/tent)	Practical
Day 15, Saturday		
07:00 – 08:00	Breakfast	
08:00 – 14:00	March: +400 m ascent	Practical
Day 16, Sunday		
Day-off		

Day 17, Monday		
09:00 – 14:00	March: +800m. ascent	Practical
14:00 – 15:00	Lunch	
15:00 – 17:30	ARVA- a transceiver for searching a person trapped under the avalanche	Practical
17:30 – 18:00	Preparation for the following day	
Day 18, Tuesday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:30	Making turns on uneven terrain	Practical
17:30– 18:00	Preparation for the following day	
Day 19, Wednesday		
09:00 – 14:00	<b>II Current assessment: Technical skiing and making turns on uneven terrain</b>	Test
14:00 – 15:00	Lunch	
15:00 – 17:30	<b>Midterm test: Practical application of ARVA – a transceiver for searching a person trapped under the avalanche</b>	Test
17:30 – 18:00	Preparation for the following day	
Day 20, Thursday		
09:00 – 16:00	<b>Final Test: March: +1200 m. ascent with 12 kg. load +2 L. of water</b>	Test
Day 21, Friday		
Return to Sachkhere Mountain Training School		
13:00	<b>Course graduation ceremony</b>	

## 16. Contact

Ministry of Defence of Georgia, Military Training and Education Command Point  
of contact -Master Sergeant **Nina Gurgenidze**, E-mail:  
[ngurgenidze@mod.gov.ge](mailto:ngurgenidze@mod.gov.ge).

**Important NOTE:** Participants have to be at Mountain Training School NLT February 25, 2023.